

Section I**ROSTER**

- Volleyball will have a designated roster maximum.
 - Volleyball roster maximum is officially 12 players.
 - A coach and roundup may agree to add more than 12 players but it is not mandatory.
 - Volleyball roster minimum is 9 players.

Section II**Miscellaneous**

- The 5th - 8th grade will play with the VolleyLite ball.
- All players must wear the official Kids, Incorporated t-shirt.
- No jewelry of any kind.
 - This includes earrings or studs.
 - No hair pins, hair beads, barrettes, clips or hats/caps.
- No hard or plaster casts are allowed to worn by any player.
- An official will be provided for each game
- He/she will keep the official time if there is not a clock, or the clock is not operating at the school.
- Each team must provide one linesman and one scorekeeper for each game.
 - Adults Only.
 - Scorekeepers must sit together.
 - There should not be any scoring confusion if both scorekeepers sit together.
 - This will also help the official.
- All grades may use the overhand serve.
- The serving area for the 5th – 8th grades will be from the back line.
 - If a 5th grade team has 4th graders on the team, the 4th graders will be allowed to move in 10' from the baseline to serve.
- The traditional forearm pass method will be used to receive all serves.
- The net height 5th grade is 6'6".
- The net height for 6th – 8th grades is 7'.
- Win/loss record is by total number of games played (3 per match), not matches.

Section III

THE GAME

- We will use rally scoring.
 - Rally scoring means that a point will be awarded to the serving team or the team on defense depending on the result of the play, as well as a mistake to one team or the other.
 - We will play 3 games to 25 with a cap of 27.
- The time limit for each game is 15 minutes (running clock). A match will not last more than 1 hour.
- Each team will be allowed one 30-second time out per game.
- The rest period between games is 3 minutes.
- We will use the “let” serve, meaning if a serve hits the net and goes over the net, the serving team will be awarded a point.
- Teams must have 6 players to constitute a legal game. Otherwise, the game is a forfeit.
 - A game will be considered a forfeit if one or both teams are not present by 5 minutes after the game is scheduled to start.
- All players in the 6th – 8th grades must play in every game.
- Substitution shall be on a position/player basis.
- This must be done immediately without hesitation.
- Federation rules will be used for substitution.
- No line ups are required.
- All players on 5th grade teams will play a minimum of one uninterrupted game per match or if teams prefer, they may substitute at each side out, in the center back position.
 - If you substitute this way it insures every child will play in every game.

****Please return the 2 volleyballs that were checked out to you, along with your sportsmanship ballot by October 23, 2009.**